



# Pause and Reflect Book Study

## WISCONSIN'S BIRTH TO 3 PROGRAM

Professional Development  
Bundle

“A good start in the first  
1000 days.”

—WISCONSIN'S BIRTH TO 3 PROGRAM

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## **01** Something to WATCH

— A snippet from a 'Coach2Coach' event with Dana Childress, PhD.

## **02** Something to READ

— Pause and Reflect - Your Guide to a Deeper Understanding of Early Intervention Practice

## **03** Something to DO

— Create joint plans between chapters

## **04** Something to REFLECT Upon

— Discussion questions and Reflection Journal

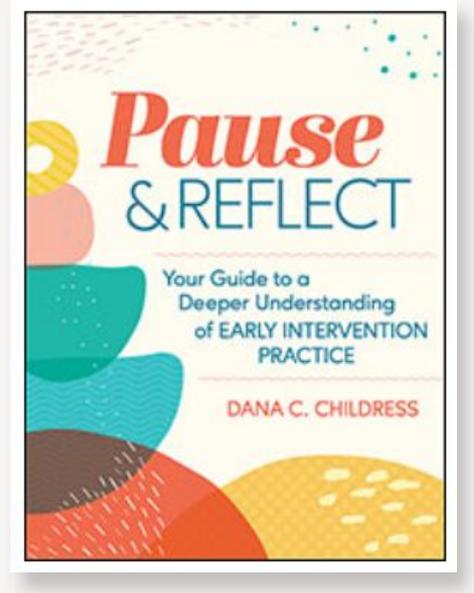


# WATCH!

Click on the image to the left. The link will take you to a YouTube video where Dana Childress, author of *Pause and Reflect*, speaks on the importance of reflection and connection in our early intervention work.

# READ!

Click on the book image to go to the Brookes Publishing website where you can order *Pause and Reflect - Your Guide to a Deeper Understanding of Early Intervention Practice*



# DO!

At the conclusion of each chapter, take the time to create a joint plan indicating what new learning you intend to implement or apply in your practice.



# Reflect

We encourage you to refer to these [discussion questions](#) outlined for each chapter, the reflective activities throughout the book, and complete the **reflection journal** within the book to assist with your reflection and discussion

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**Check in with your program leader to discuss this PD bundle and ask any questions you may still have.**



Would you mind taking a moment to provide feedback about this PD bundle?



Please follow [THIS LINK](#) to fill out a very short survey.  
Thank you!

# Contact RESource with any questions.



- Submit a request for PD/support by filling out the RESource [REQUEST FORM](#)
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